



## Response to Request for Information

Reference      FOI 09154  
Date            01 September 2015

### ***NHS Health Checks by Gender***

#### **Request and response in 'blue':**

NHS Health Checks in your local authority area:

1. In 2014/15, how many men and how many women in your area:
  - o Were eligible for an NHS Health Check? **Total eligible population (men and women) = 69,327**
  - o Were offered an NHS Health Check? **Total number offered an NHS Health check (men and women) = 13,248**
  - o Received an NHS Health Check? **Total number receiving an NHS Health check (men and women) = 4415**

**We do not hold the information on the breakdown of men to women.**

2. Of the eligible population, how did you prioritise who was sent an invitation for an NHS Health Check in 2014/15?

**Invitations are prioritised by age and we provide opportunistic screening to a number of workplaces and community locations.**

3. In 2014/15, how many men and how many women were referred to the following service following an NHS Health Check:

- o NHS Stop Smoking Service
- o Alcohol Brief Advice or Referral
- o Exercise on prescription or other physical activity intervention
- o Weight management on referral
- o Non-diabetic hyperglycaemia: Intensive lifestyle intervention

**How many men and how many women took up the referral?**

**In regards to the above, we do not hold or have access to this information.**

4. In 2014/15, how many men and how many women were registered on the following lists after receiving their NHS Health Check?

- o Diabetes register .
- o High CVD Risk Annual Review
- o Hypertension Register .
- o Chronic Kidney Disease Register

**In regards to the above, we do not hold or have access to this information.**

5. What assessments, if any, do you include in an NHS Health Check that are not a statutory requirement (e.g. depression, erectile dysfunction, skin cancer)?  
[Clients are asked the following screening questions.](#)

	<b><u>Proactive Preventative Screening</u></b>
An unusual lump or swelling anywhere on your body	
Persistent difficulty swallowing or indigestion	Have you had a cervical smear in the last 3 years? (25 – 49)
Unexplained blood loss	Have you had a cervical smear in the last 5 years? (50 – 65)
Change in flow, starting or stopping (wee)	Have you had a breast screening in the last 3 years? <b>Age 50-70 every 3 years</b>
Unexplained weight loss or heavy night sweats	Have you completed your bowel screening in the last 2 years? <b>Age 60 – 69 – test sent to home</b>
Unexplained pain/ ache that lasts longer than 4 weeks	Have you had a Chlamydia test in the last year or since you last changed your partner?
Any unusual breast changes	Are you pregnant or do you think you are pregnant?
	Do you have a long standing illness, disability, or infirmity?

6. What initiatives, if any, have you taken or are you planning to increase uptake, referrals or follow up amongst men - especially higher risk groups of men? [Our community based service has increased the number of workplace based initiatives. We are currently reviewing the contracts we have with our providers with a view to ensuring improved uptake from all our targeted groups including men.](#)

Some parts of this request may be easier to answer than others, and should this prove to be the case I would ask that you release available data as soon as possible rather than hold up the entire request. [We have a number of providers delivering NHS Health Checks and much of the information requested is held by them.](#)