

## Making Action Plans (MAP)

- A MAP is a person-centred planning tool used to help individuals, families or organisations create a shared vision of a positive future, by exploring the nine steps outlined below.
- MAPs have been used successfully for a range of purposes in Wolverhampton including transition from Nursery into Reception, transition between settings (e.g. from specialist into mainstream provision), annual reviews and post 16 planning.

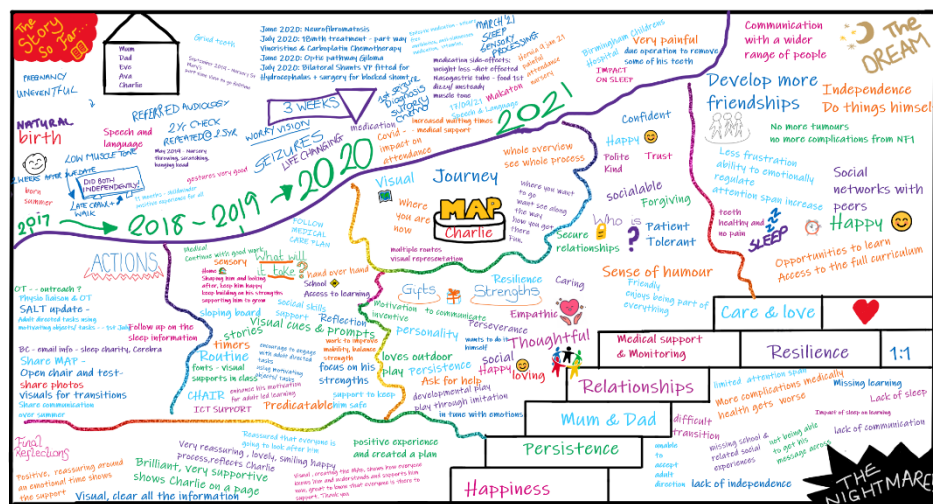
- **The story so far** - The history of the focus individual, family or organisation.
- **The 'Dream'** - Exploring what an ideal future would look like.
- **The 'Nightmare'** - Exploring what the worst future would look like.
- **Who is the individual/family/organisation?** - Words, images, metaphors that sum up the individual, family or organisation.
- **Gifts, strengths, talents** - When is the individual, family or organisation at their best?
- **What will it take?** - To get closer to the dream and further away from the nightmare?
- **Action Plan** - Who needs to be involved/by when?
- **First Steps** - All individuals involved identify specific actions for the next 7-10 days.
- **Final Reflections** - Reflecting on the process.

- The MAP session will be led by two trained facilitators - a process facilitator who guides the group through the stages and ensures the focus individual, family or organisation are at the centre throughout, and a graphic facilitator who records discussions visually.

- A MAP usually takes 1.5-2 hours to complete and involves a group of 5-10 people including the focus individual or organisation, along with their family, friends and other professionals who know them well.

- The visual representation of the MAP process is for the focus individual, family or organisation to keep following the session.

- If you feel that a MAP would be a useful tool to support your organisation, an individual or family, then please contact the Educational Psychology Service on 01902 550609 or speak to your link EP.



*"Allows individuals and organisations to reflect on their journey and discuss their plans for the future in a positive, interactive and solution-focused way"*

*"A useful person-centred planning tool to support with re-engagement and recovery following the pandemic"*

*"A powerful and thought-provoking process for regrouping and change"*

*"A fantastic opportunity for collaborative action planning when pupils change provision"*

Contact us:



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