

# Findings from the Health Related Behaviour Survey 2022 **Safety (including Bullying)**

Supporting the health of  
young people in Wolverhampton



# Findings from the Health Related Behaviour Survey 2022 – Safety (including bullying)

Wolverhampton schools have been using the Health Related Behaviour Survey every two years since 2006, as a way of collecting robust information about young people's lifestyles.

This latest survey was organised and funded by the City of Wolverhampton Council Public Health Team.

Three separate versions of the survey have been used - Key Stage one, Key Stage two and secondary with age appropriate questions as standard, tailored specifically for the city's needs. Pupils in Years 1, 2, 4, 5 and 6 in the primary phase and Years 8, 9, and 10 in the secondary phase anonymously completed the questionnaire. Some secondary schools and the FE college also took part in a shorter Year 12+ version of the secondary survey.

## Navigating the report

This report is one of five that reflect local priorities. Each report is divided in to the following sections:

### Headline comparisons

Each report contains headline bullet points, comparing the 2022 data and the same questions for 2018. Due to the COVID-19 pandemic we don't have comparable 2020 data available.

**Key:** ■ **Positive finding**

■ **Negative finding**

■ **Neutral finding** (where it is subjective as to whether the finding is positive or negative or is little different)

### Trends

The survey questions have changed somewhat compared with previous years but where possible, trend charts have been included where they provide useful insight for key priority areas.

### Phase differences

A selection of questions used across the surveys to look for age-related differences in responses.

### Mapping

The primary school data available has been divided into ward areas by postcode of the pupil.

The maps are colour coded:

**Green** = **positive findings**

**Blue** = **neutral findings** (where it is subjective as to whether the finding is positive or negative)

**Red** = **negative findings**

The darker the colour, the higher the percentage proportions (see key on each map). Sadly there isn't enough secondary school data available for mapping purposes.

### Inequalities

A selection of questions for each of the primary and secondary questionnaires has been selected to look for different responses across potential vulnerable groups

### Links between behaviours

Cross tabulations have been investigated for some of the key questions in the survey to look for links between behaviours. Each statement is a statistically significant finding, to save space, one from primary and one from secondary have been selected but full lists are available.



# Headlines

There appear to be mixed findings for the safety questions. Both Key Stage 2 primary pupils and Key Stage 3-4 secondary pupils are less likely to say their school deals well with bullying in 2022 than in 2018. Key Stage 3-4 secondary pupils were less likely to say that their safety at school and going to school is as good as it was in 2018. There is also a downward trend for secondary pupils reporting that their school challenges racism and racist bullying. Secondary pupils are more likely however to say that their school challenges homophobic bullying in 2022 than in 2018.

Key Stage 2 pupils were slightly more likely to report 'often being afraid' of going to school because of bullying and proportionally more report being bullied due to their size or weight in 2022 compared with 2018. There is an increase in reports of being bullied online both by Key Stage 2 primary and by Key Stage 3-4 secondary pupils between 2018 and 2022.

## Key Stage 1 Pupils

- 64% of Key Stage 1 pupils said that they 'usually' feel safe. This is lower than the 69% reported in 2018.
- One of the top worries for Wolverhampton Key Stage 1 pupils was their safety, 45% reported worrying about it, compared with the 44% reporting this in 2018.
- 44% of Key Stage 1 pupils said that they can go on the Internet when their parents/carers are not in the room. This is higher than the 35% reported in 2018.
- 65% of Key Stage 1 pupils said that their parents/carers have rules about what they can do online. This is higher than the 60% reported in 2018.
- 84% of Key Stage 1 pupils said that they have been taught how to keep themselves safe online, compared with the 79% reported in 2018.

## Key Stage 2 Pupils

- 7% of Key Stage 2 pupils said that they 'often' feel afraid of going to school because of bullying. This is slightly higher than the 6% reported in 2018.
- 14% of Key Stage 2 pupils said that are being picked on because of their size or weight. This is slightly higher than the 13% reported in 2018.
- 25% of Key Stage 2 pupils in 2022 said that they have been bullied online (cyber-bullying), this is higher than the 14% seen in 2018.

- 16% of Key Stage 2 pupils in 2022 said that they have been bullied somewhere other than school in the last 6 months, this is higher than the 12% seen in 2018.
- 93% of Key Stage 2 pupils in 2022 said that that have been taught how to keep themselves safe online (using the internet), this is higher than the 91% seen in 2018.
- 81% of Key Stage 2 pupils said that feel safe at break times. This is lower than the 86% reported in 2018.
- 41% of Key Stage 2 pupils said that their school deals 'very well' with bullying. This is lower than the 45% seen in 2018 and the 50% seen in 2016.
- 30% of Key Stage 2 pupils said that they can 'struggle to' or can 'never' say no to someone who is asking them to do something they don't want to do. This is higher than the 26% seen in 2018.
- 14% of Key Stage 2 pupils said that there had (at least once or twice) been violence between adults (e.g. hitting, punching) at home in the last month that frightened them.

## Secondary pupils

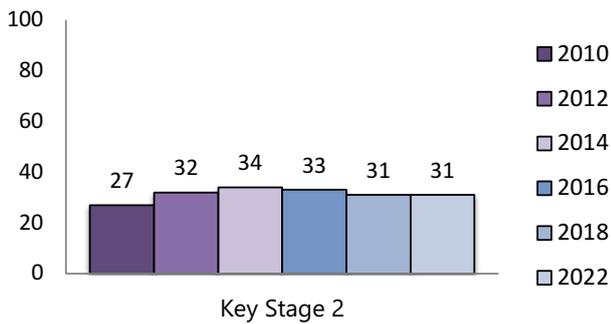
- 23% of Key Stage 3-4 secondary pupils said that they have been picked on or bullied because of their size or weight. This is higher than the 18% seen in 2018.
- 17% of Key Stage 3-4 secondary pupils in 2022 said that they have been bullied online (cyber-bullying), this is higher than the 13% seen in 2018.

- 26% of Key Stage 3-4 secondary pupils said they think their school challenges homophobic bullying effectively. This is higher than the 19% seen in 2018.
- 26% of Key Stage 3-4 secondary pupils think their school challenges racism and racist bullying effectively. This is lower than the 29% seen in 2018 and 32% seen in 2016 and continues a downward trend.
- 35% of Key Stage 3-4 secondary pupils said that their safety after dark is 'good' or 'very good'. This is lower than the 39% seen in 2018.
- 95% of Key Stage 3-4 secondary pupils don't carry weapons when going out, but of those who do, 84% say this is for 'self-defence'. This is higher than the 76% seen in 2018.
- 11% of Key Stage 3-4 secondary pupils who use social networking sites said that they use them to arrange to meet people they don't know. This is higher than the 6% seen in 2018 and the 3% seen in 2016.
- 6% of Key Stage 3-4 secondary pupils said they have been the victim of crime or violence in the area where they live in the past 12 months. This is lower than the 8% seen in 2018.
- 8% of Key Stage 3-4 secondary pupils said that there had been (at least once or twice) violence or abuse e.g. hitting, punching at home in the last month, 8% also said this in 2018.

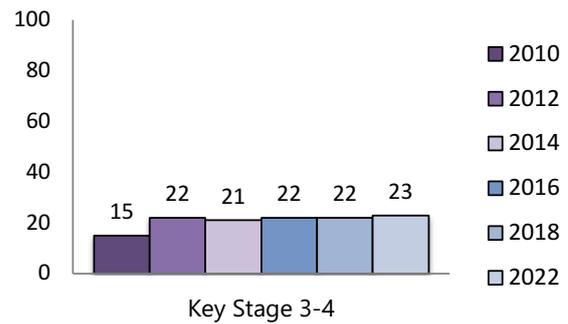
# Trends

The previously reported downward trend for pupils who say they are at least ‘sometimes’ afraid of going to school because of bullying seems to have levelled. 31% of primary aged pupils said this in 2022 compared with 34% in 2014. This was after a significant rise however between 2010 and 2014. This doesn’t mean they have been bullied however, but fear of bullying is likely to have an impact on school performance.

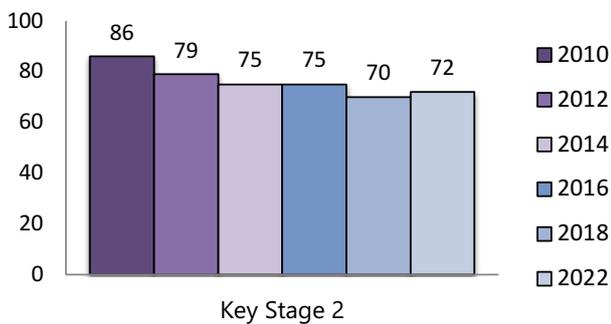
**Primary Trends – Afraid of going to school because of bullying**



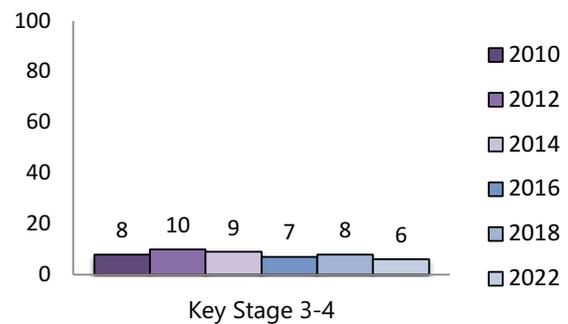
**Secondary Trends – Afraid of going to school because of bullying**



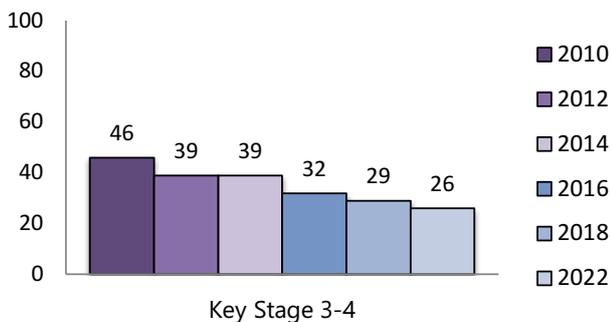
**Primary Trends – School deals with bullying quite/very well**



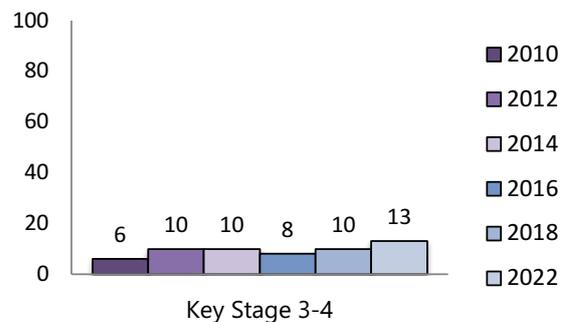
**Secondary Trends – victim of crime or violence in the area where they live in the past 12 months**



**Secondary Trends – School challenges racism and racist bullying**



**Secondary Trends – Bullied due to race, colour or background**

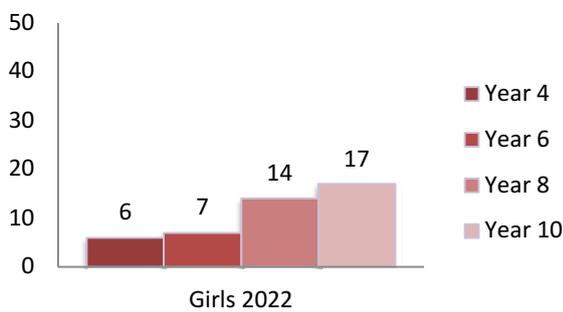


# Phase differences

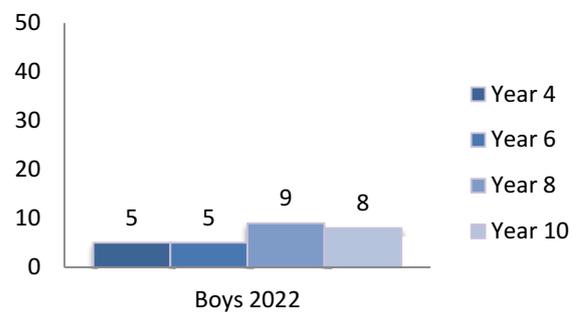
- Around 1 in 10 pupils report being bullied due to their race, colour or nationality; proportions are higher in the secondary phase and higher for girls.
- There is a decrease in the proportions of pupils saying their school deals well with bullying between the primary and secondary phases.

- There is a decrease in the proportions of pupils worrying about issues around safety between the primary and secondary phases. Worrying about gangs and keeping safe online falls with increasing age.

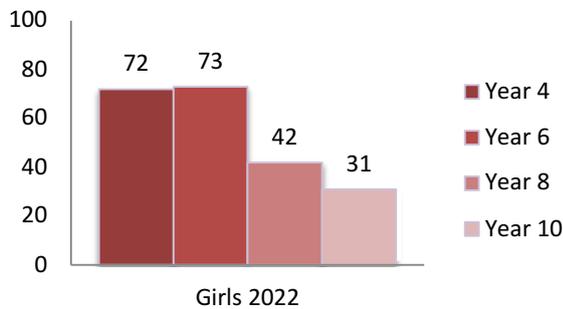
**Bullied for race, colour or nationality**



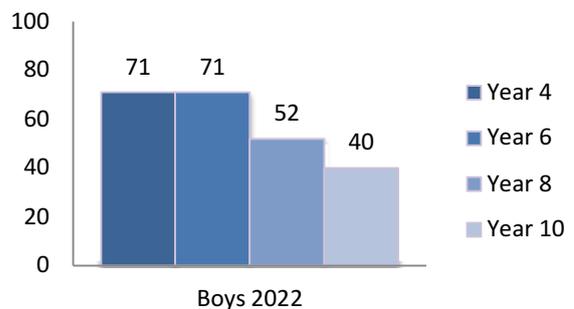
**Bullied for race, colour or nationality**



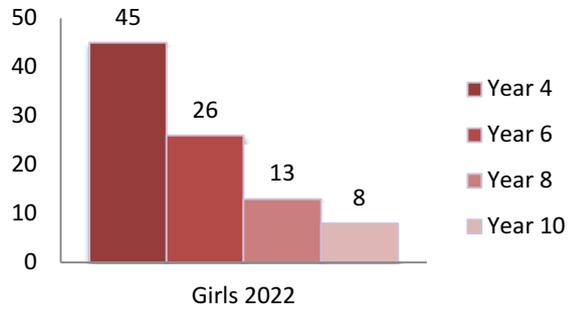
**School deals with bullying quite/very well**



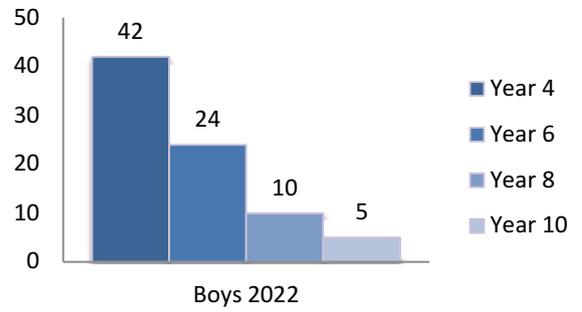
**School deals with bullying quite/very well**



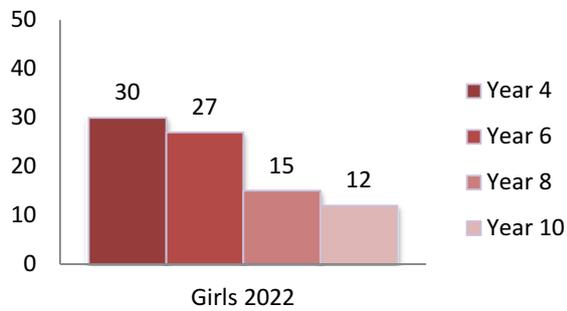
Worry about keeping safe online



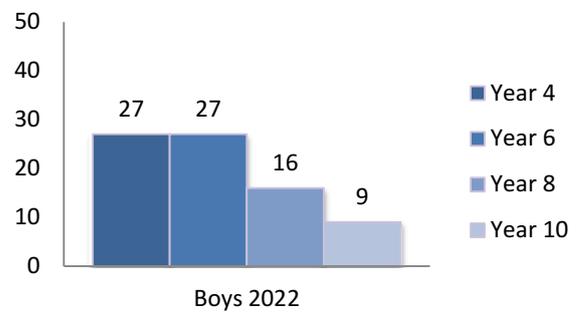
Worry about keeping safe online



Worry about gangs

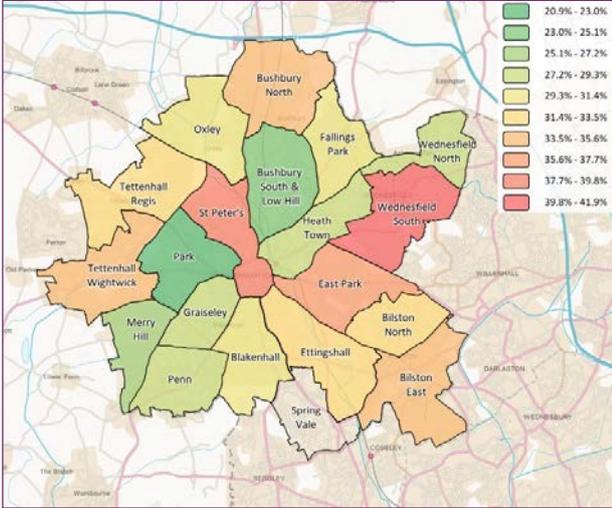


Worry about gangs

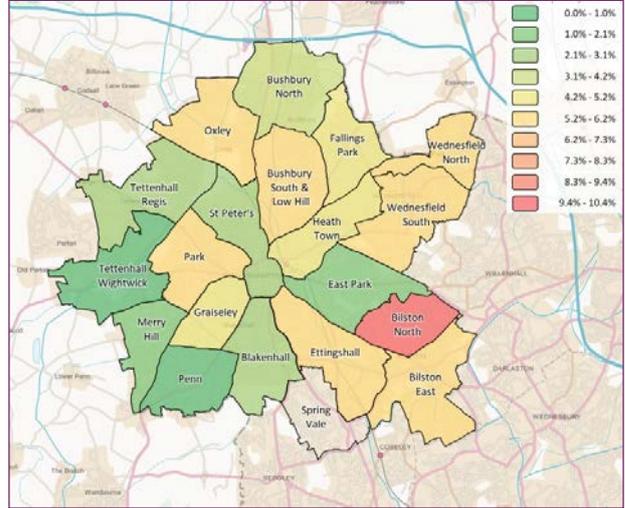


# Mapping

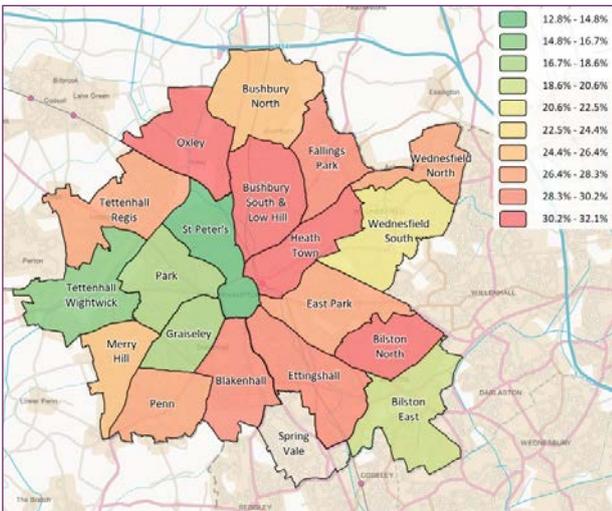
**Year 6 pupils  
- worry about crime**



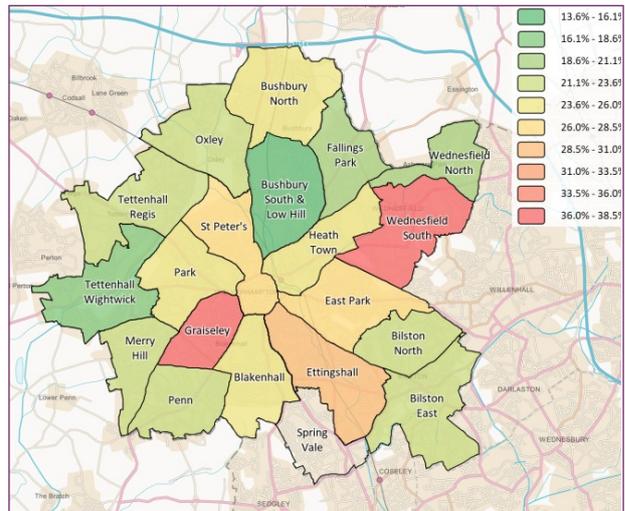
**Year 6 pupils - use social networking sites to meet people they first met online**



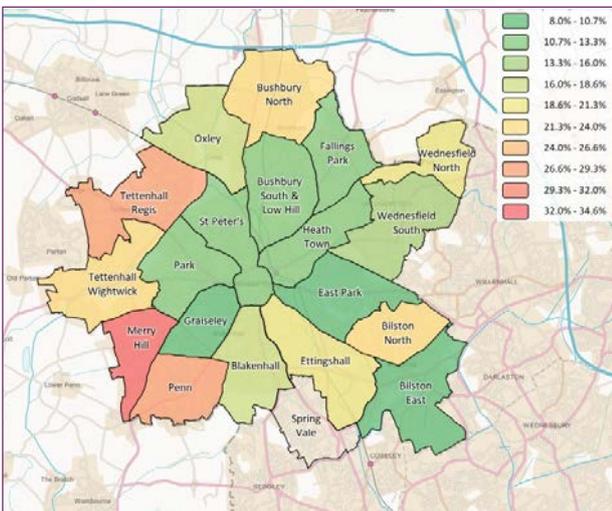
**Year 6 pupils - have seen something online that worried or made them upset**



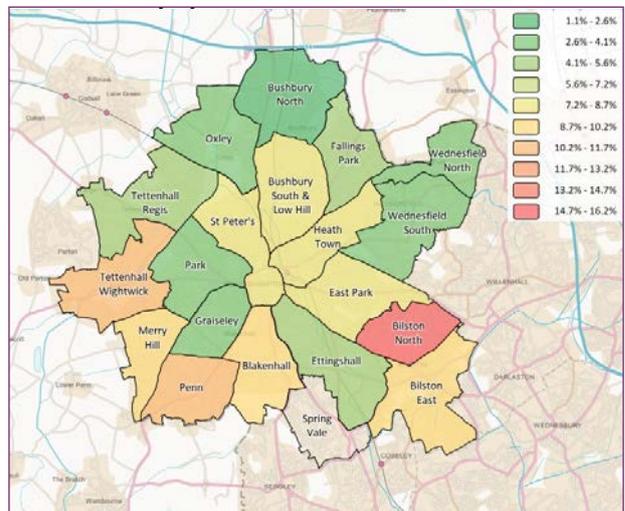
**Year 6 pupils  
- worry about keeping safe online**



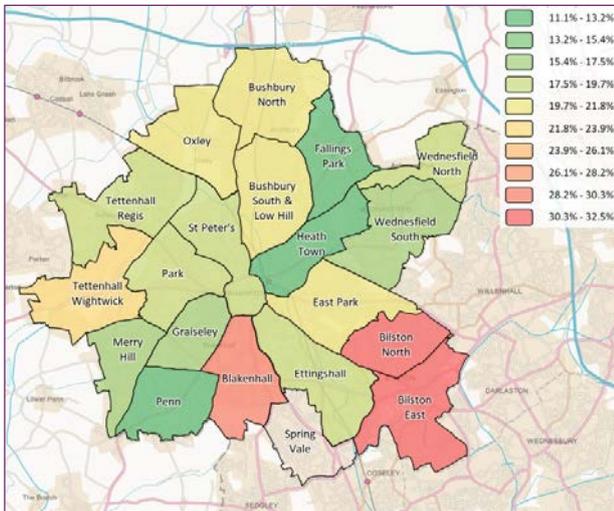
**Year 6 pupils  
- have been bullied in the last 6 months**



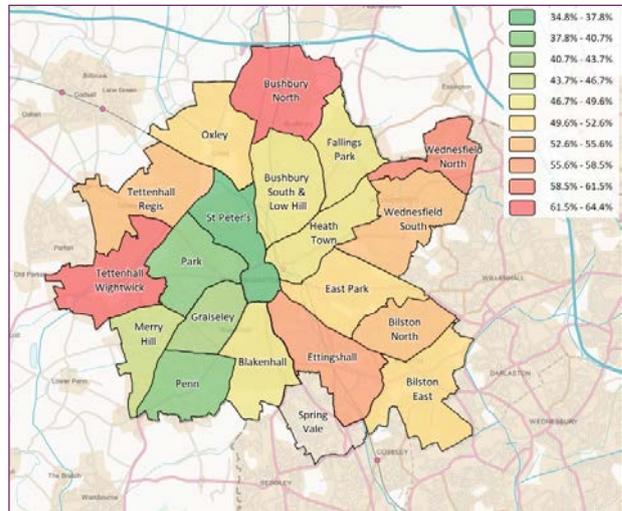
**Year 6 pupils  
- bullied due to race etc.**



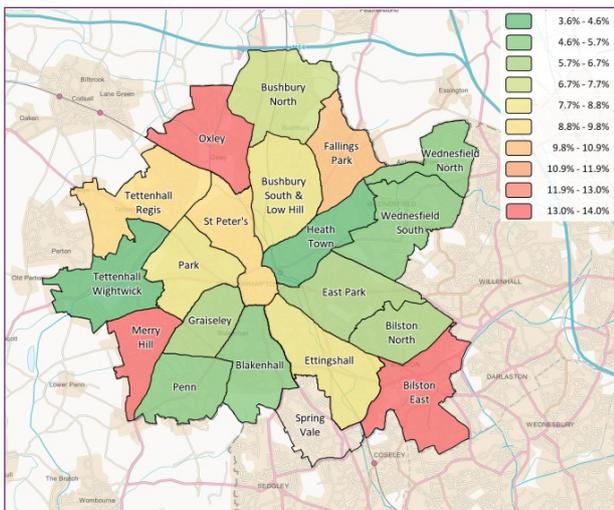
**Year 6 pupils - been made to do something they didn't want to do**



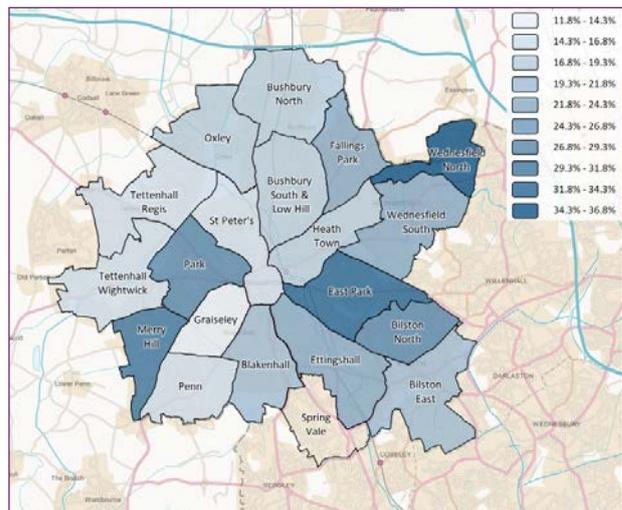
**Year 6 pupils - have been teased/made fun of in the last 6 months**



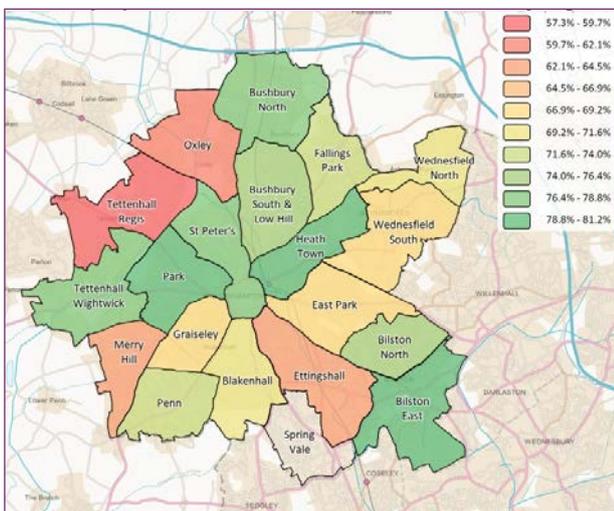
**Year 6 pupils - have bullied someone else in the last 6 months**



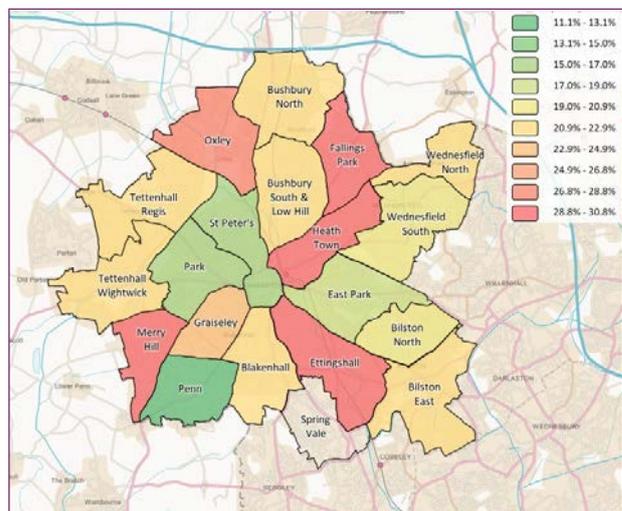
**Year 6 pupils - livestream online**



**Year 6 pupils - school deals well with bullying**

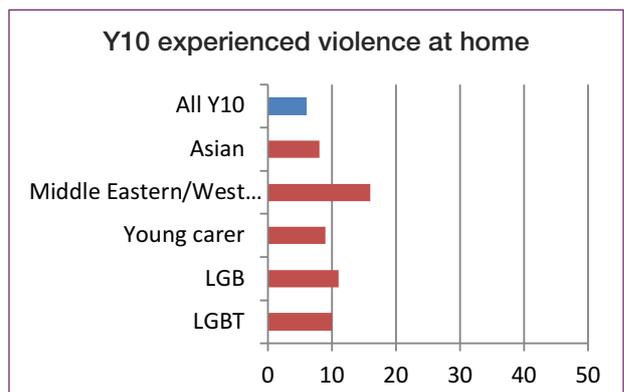
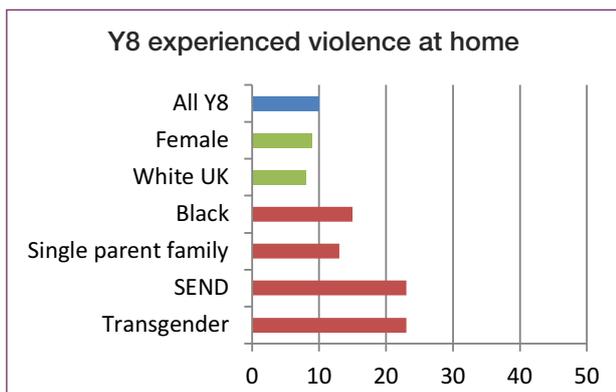
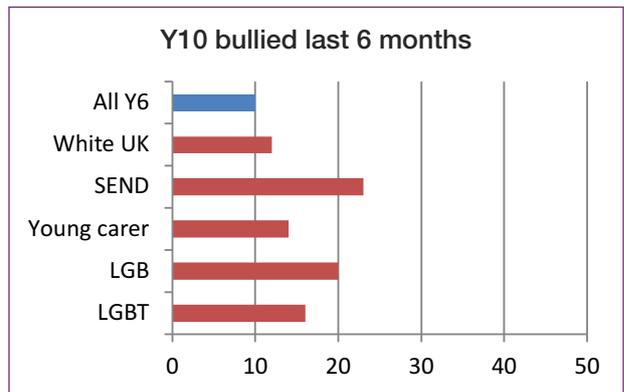
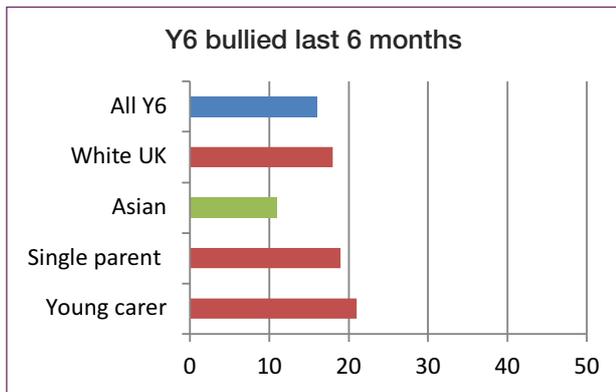
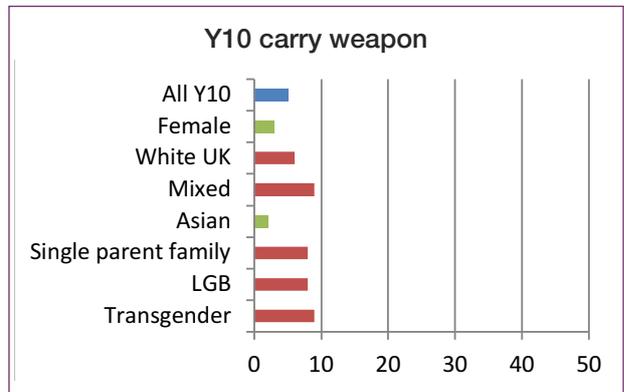
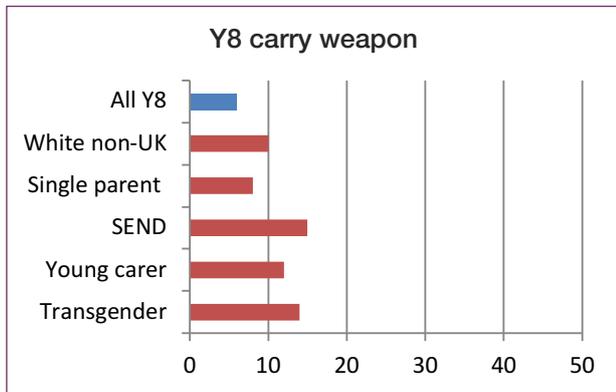
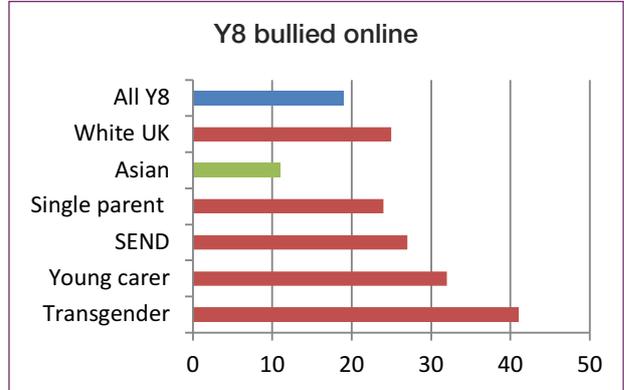
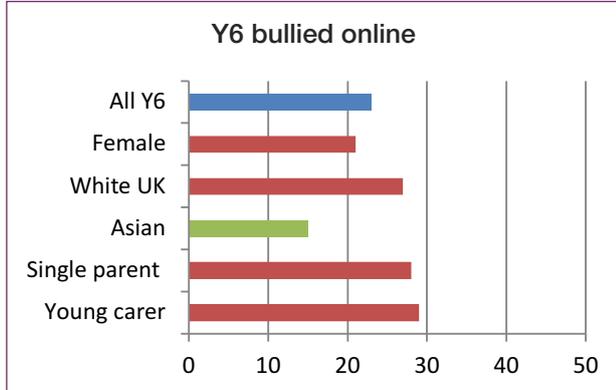


**Year 6 pupils - have been bullied online in the last 6 months**



# Inequalities

A selection of questions for each of the primary and secondary questionnaires has been selected to look for statistically significant differences across potentially vulnerable groups:



## Links between behaviours

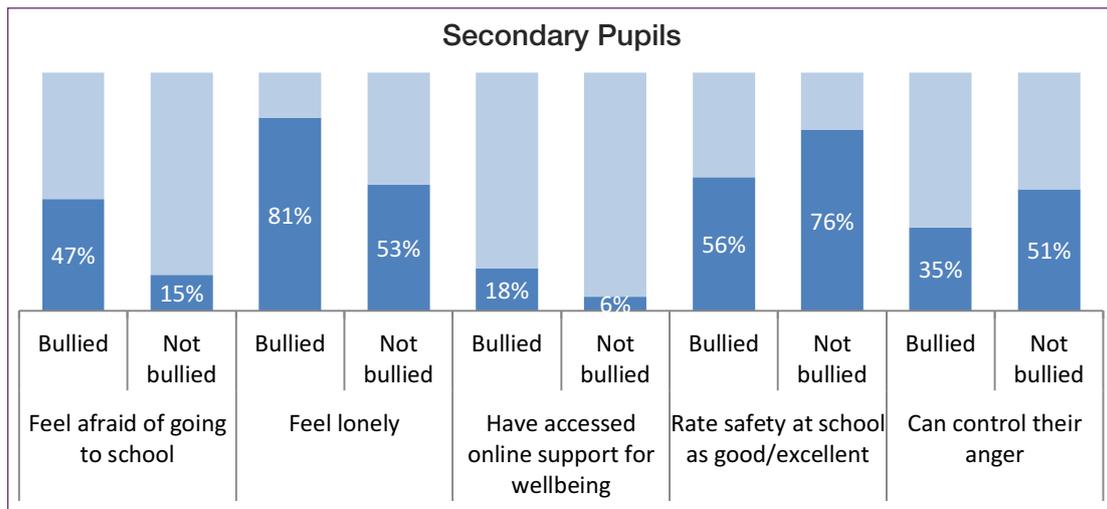
§ When compared with secondary pupils who said they haven't been bullied online in the last 6 months, secondary pupils who said that **they have been bullied online** are:

*Significantly more likely to:*

- Feel afraid of going to school
- Feel lonely at least sometimes
- Have accessed online support for worries about health and wellbeing

*Significantly less likely to:*

- Rate their safety at school as good or excellent
- Say they can control their anger when they want to



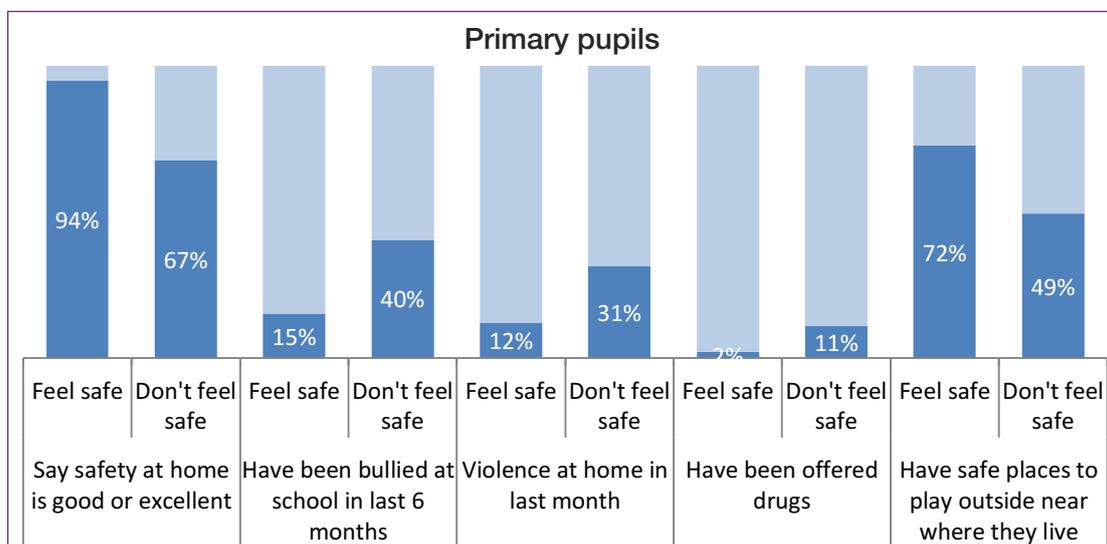
§ When compared with primary pupils who feel safe travelling to and from school, primary pupils who **don't feel safe travelling to and from school** are:

*Significantly more likely to:*

- Have been bullied at school in the last 6 months
- Say violence at home has frightened them in the last month
- Have been offered drugs

*Significantly less likely to:*

- Say safety at home is good or excellent
- Have safe places to play outside near where they live



# Inequalities

The table below shows percentages for selected criteria for the whole year group sample and selected sub-samples of young people who may be vulnerable.

The table shows significance testing; the tests were performed using actual numbers of respondents for each criterion, not the overall sample size shown.

No correction has been attempted for multiple comparisons, so we could expect 1 in 20 cells to show an apparently significant difference by chance alone. However, there are 96 cells, 34 of which show a significant result, 18 at  $p < 0.01$ ; this greatly exceeds expectations.

Significant differences are shown in green if desirable, orange if undesirable

99	99	$p < 0.05$	Green = Higher on a positive criterion or lower on a negative one
99	99	$p < 0.01$	Orange = Lower on a positive criterion or higher on a negative one

YEAR 4									
	All	Female	White UK	White non-UK	Mixed heritage	Black	Asian	Single-parent family	Young carer
Sample (N)	1465	714	544	64	130	147	284	255	321
Worry about gangs at least 'quite a lot'	48%	45%	49%	38%	41%	50%	50%	49%	50%
Ever been bullied online	28%	30%	30%	38%	26%	31%	25%	33%	32%
Bullied in the last 6 months	17%	19%	17%	8%	20%	20%	17%	20%	23%
School deals well with bullying	46%	44%	48%	42%	48%	48%	47%	47%	48%
Violence at home in the last month	18%	16%	18%	14%	19%	18%	18%	17%	26%

YEAR 6									
	All	Female	White UK	White non-UK	Mixed heritage	Black	Asian	Single-parent family	Young carer
Sample (N)	1694	827	660	70	170	180	368	308	233
Worry about gangs at least 'quite a lot'	47%	45%	45%	46%	49%	39%	50%	45%	45%
Ever been bullied online	23%	21%	27%	26%	27%	21%	15%	28%	29%
Bullied in the last 6 months	16%	16%	18%	21%	17%	12%	11%	19%	21%
School deals well with bullying	37%	37%	37%	40%	31%	30%	38%	37%	38%
Violence at home in the last month	11%	9%	10%	11%	12%	12%	9%	13%	13%

YEAR 8	All	Female	White UK	White non-UK	Mixed heritage	Black	Asian	Middle East/West Asian	Single-parent family	Special Ed Needs	Young carer	Transgender
	Sample (N)	1622	774	549	88	194	232	406	51	298	124	155
Worry about gangs at least 'quite a lot'	15	16	17	11	13	12	17	8	14	11	16	7
Carry weapon when going out	6	5	5	10	7	6	6	5	8	15	12	14
Ever bullied online	19	19	25	21	20	17	11	20	24	27	32	41
Bullied in the last 6 months	18	17	22	20	18	15	14	7	19	34	22	36
School deals well with bullying	15	12	17	9	11	12	14	22	7	22	14	15
Any aggressive/coercive behaviour in a relationship	25	21	33	29	32	22	12	9	32	41	34	47
Violence at home in the last month	10	9	8	10	12	15	11	9	13	23	11	23
Victim of crime/violence in the last 12 months	5	3	5	8	8	5	5	0	8	14	13	9
Any sexual harassment in the last 6 months	25	28	25	27	33	28	17	33	31	33	30	46

YEAR 10	All	Female	White UK	White non-UK	Mixed heritage	Black	Asian	Middle East/West Asian	Single-parent family	Special Ed Needs	Young carer	LGB	Transgender	LGBT (including non-binary)*
	Sample (N)	1270	616	459	66	138	197	338	26	260	87	125	115	79
Worry about gangs at least 'quite a lot'	18	21	18	16	25	16	18	18	19	14	22	23	24	22
Carry weapon when going out	5	3	6	4	9	5	2	0	8	6	7	8	9	8
Ever bullied online	14	17	20	26	12	10	8	5	21	29	23	32	24	27
Bullied in last 6 months	10	10	12	11	8	8	8	16	11	23	14	20	7	16
School deals well with bullying	8	5	10	6	8	5	6	11	6	9	8	5	1	4
Any aggressive/coercive behaviour in a relationship	30	26	39	43	39	28	15	32	39	46	43	46	34	42
Violence at home in the last month	6	7	5	8	3	5	8	16	5	3	9	11	9	10
Victim of crime/violence in the last 12 months	7	6	8	8	8	10	4	0	12	12	10	6	5	6
Any sexual harassment in last 6 months	37	44	41	38	47	43	27	16	42	39	39	51	55	51

# The 2022 Sample

Teachers were briefed on how to collect the most reliable data by Schools Health Education Unit staff.

The facility was offered to all schools to complete the survey online, using a customised website. Where technical issues made this impossible, a paper-based alternative was provided.

The HRBS 2022 was completed by a total of 7959 pupils in 23 primary (KS1) settings, 39 primary (KS2) settings, 14 secondary settings, the FE college and 2 special schools.

Each of the schools has its own report comparing their results to the combined sample for schools and pupils in their age phase.

## 7959 young people were involved in the survey:

School Year	Year 2	Year 4	Year 5	Year 6	Year 8	Year 10	Year 12+	Total
Boys	479	702	169	801	769	579	132	3631
Girls	505	714	168	827	774	616	286	3890
<b>Total</b>	<b>989</b>	<b>1465</b>	<b>341</b>	<b>1694</b>	<b>1622</b>	<b>1270</b>	<b>452</b>	<b>7959*</b>

\* 312 young people didn't select male or female, 49 Year 9 and 11 students also took part. 77 students took part in a bespoke special school survey so their results are reported elsewhere.

For more information contact **SHEU** on **01392 66 72 72** or visit **www.sheu.org.uk**

# The Way Forward - over to you

It has been four years since the survey was last conducted, in 2018. The 2020 survey was cancelled as a result of school closures due to the Covid-19 pandemic. You will see in the reports that during this time some behaviours and attitudes reported by children and young people have changed. However, it is impossible to state which are directly related to the impact of Covid-19 and which are because of factors that would have occurred in any event.

What we do know is that during the pandemic, young people had their attendance at school severely disrupted and many have had far less opportunity to access PSHE education and support services such as School Nursing and school pastoral teams. School closures and lockdown restrictions would also have impacted

upon children and young people's ability to socialise, access nutritious meals, enjoy leisure time, and participate in physical activities.

To understand and interpret the results of the survey that are presented within this report, we would encourage professionals and interested parties to view the information in the context of Covid-19 and the additional knowledge you hold in relation to the disruption to local provision.

Please use the reports as a basis for discussion and to develop local strategies, plans and support services, to ensure that as we recover the impact on the health and wellbeing of children and young people in Wolverhampton is maximised.

*For further information about the survey please contact:*

**City of Wolverhampton Council Public Health and Wellbeing team**

*Email:* **Howard.Jobber@wolverhampton.gov.uk** | *Tel:* **01902 555 928**



You can get this information in large print, braille, audio  
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**wolverhampton.gov.uk 01902 551155**

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City of Wolverhampton Council, Civic Centre, St. Peter's Square,  
Wolverhampton WV1 1SH