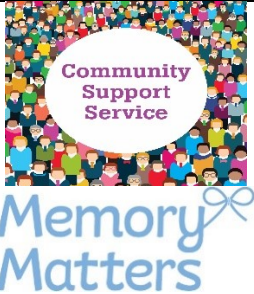













Wolverhampton Dementia Action Week Activity Timetable



Monday 17 May to Friday 21 May 2021

Time and Date	Organisation	Event Details	Contact Details
Mon 17 th May 2pm – 4pm and Fri 21 st May 10am – 12pm	 Community Support Service Memory Matters	The Community Support Service will be offering a supportive telephone conversation through Memory Matters on the Mon 17 th May 2pm – 4pm and Fri 21 st May 10am – 12pm regarding supporting people who are caring for someone with memory concerns and for people who are aware their memory is changing. This will be an informal conversation around living well with memory concerns. We will also be offering daily information through our twitter page @CommunityOffer regarding support, keeping active and living well with Dementia.	Joanne Evans Community Support Service Tel. Office 01902 551852 E-mail: Joanne.evans@Wolverhampton.gov.uk City of Wolverhampton
Online session at 3:30pm on Monday 17 May:	 DIOCESE OF LICHFIELD Working to become Dementia Friendly 2020-2021	From Dementia-Friendly Churches, are offering an online session and a prayer for Dementia Action Week. Join our hour-long “Dementia Introduction: Dementia Friends & Dementia Friendly Churches” online session at 3:30pm on Monday 17 May: Why not invite others from your church or community to join this hour-long Zoom session with you, to kick off Dementia Action Week?	Sarah Thorpe, Dementia-Friendly Church Enabler, Phone: 0798 224 8949, sarah.thorpe@lichfield.anglican.org
Monday 17th May - 1.30 to 2.30pm Tuesday 18th May - 10.30am to 12pm	 Compton Care Making Everyday Extraordinary	Monday 17th May - 1.30 to 2.30pm, Digital Legacy — With more of us spending more time online, it is more important than ever that we start to understand what digital assets are. Tuesday 18th May - 10.30am to 12pm, Life Café - Creative activities designed to stimulate conversations about, wellbeing, life: the meaning of it, the end of it, and future care wishes.	To book a session or to find out more, contact us on 01902 774570 or email compassionatecommunities@comptoncare.org.uk

Thursday 20th May 2 to 3pm		Thursday 20th May - 2 to 3pm, Dementia Friends - Learn more about dementia and how it affects a person's life, become more confident when spending time with someone with dementia and learn more about ways to reduce the stigma around dementia.	
Tue 18 th May 9.30 till 10.30 open to anyone		Meeting to check in with anyone regarding DAA events and DAA membership	Susan Eagle Commissioning Officer Tel. Office: 01902 555344 <u>E-mail:</u> Susan.eagle@wolverhampton.gov.uk City of Wolverhampton Council
Mon 17 th May 2021 11.00am		Anuja Jalota one of the Wolverhampton Alzheimer's Society Dementia Navigators will be talking on Gulshan Radio.	Lee Allen, Dementia Connect Local Services Manager (Midlands Central), Telephone – Black Country Office Phone Number – 0121 521 3020, Email – lee.allen@alzheimers.org.uk
Wednesday 19th May 2021 Time: 1pm to 2pm Thursday 20th May 2021 Time: 10am - 11am		Dementia Friends Awareness Sessions: Wednesday 19th May 2021 Time: 1pm to 2pm Meeting ID: 824 7781 2088 Passcode: 126966 or Join Zoom Meeting https://us02web.zoom.us/j/82477812088?pwd=YWw2ZFdobG1SNzY1ZmxWRTJ3S1Ardz09 Thursday 20th May 2021 Time: 10am - 11am	Contact us on 0800 470 1944 or info@healthwatchwolverhampton.co.uk Emily Lovell Engagement and Information Lead Healthwatch Wolverhampton Regent House Bath Avenue Wolverhampton WV1 4EG Tel: 0800 470 1944 Mobile No. 07732 683467 email:

		<p>Meeting ID: 865 8294 2881 Passcode: 431697 or Join Zoom Meeting https://us02web.zoom.us/j/86582942881?pwd=bENoNFBZZVhmVDVhZE9ZcjQxZFUvQT09</p> <p>Denim for Dementia Day We will also be hosting a walking event at Bantock Park, Wolverhampton, asking people to join us wearing denim and helping to raise money for Alzheimer's Society. We will be asking staff and volunteers to meet us at Bantock Park at 12:30pm but the event will also be open to members of the public. More information will be shared across our website and social media in the coming days but if people are interested in any of our events across the week.</p>	<p>emily.lovell@healthwatchwolverhampton.co.uk</p>
<p>Wed 19th May from 3pm to 4pm. Thursday 20th May from 3pm to 4pm.</p>		<p>Host a virtual event with a guest speaker and a carer. In addition, we are hoping to have a carer come and share their experiences, challenges, and tips/advice for those caring or have a relative/friend living with the condition.</p> <p>Virtual Café in place.</p>	<p>Shadrack Mbatha, HIA Specialist Support Worker, 07791 445143, Wolverhampton Homes, Email: Shadrack.Mbatha@wolverhamptonhomes.org.uk</p>
<p>Activities across social media in Dementia Action Week.</p>		<p>A guess how many sweets are in the jar competition will run internally for staff and we will then donate to the Alzheimer's Society. We will use our social media platforms across the week and tag in our follow DAA members. Some of the content will be a collage of our dementia friends that we have as a firm, I have created 5 questions about dementia to raise awareness and we will release a question a day with a poll to gauge people's answers and beliefs and perceptions to see if they are right, we</p>	<p>Michelle Monnes-Thomas. Michelle.Monnes-Thomas@fbcmb.co.uk 01902 392484, 07710 701825,</p>

		will run social media pieces and articles that we have in our archive for example that I am a dementia champion and other relevant content on LPA's, Wills and care.	
Thursday 20 th May 11.30am	 CITY OF WOLVERHAMPTON	Trading Standards Team will be posting Tweets throughout DAW 2021 via our @WVProtect feed, also hosting a free virtual DAA Members Bingo session via Zoom.	Heather Dunn, District Officer – Public Protection, Email: Heather.Dunn@wolverhampton.gov.uk Direct: 01902 554332
Free of Charge for People over 65 years every Tuesday and Saturday morning.	 Kingswood Trust Discover nature. Learn outdoors.	A morning at the Kingswood Trust offers walking for health and a chance to meet other people. Our secure, nine-acre site is full of history and character and is accessible to most. Up to three adults can attend in a car and book their free car place to come and enjoy our grounds, woodlands, natural habitats, historical features, on site animals and have a hot drink and a cake totally free. Book via eventbrite.co.uk or phone 01902 558132	Tel: 01902 558132 http://discover-kingswood.org.uk/ . Helen Heywood Email: kingswood@wolverhampton.gov.uk
Thursday May 20 th at 2pm-3pm	 Sanctuary Care enriching lives  Highcroft Hall Residential Care Home	The residents at Highcroft Hall Residential Care Home in Bushbury will be creating sensory handmade decorations and ornaments, to contribute to the creation of dementia friendly sensory areas on the 2 dementia floors in the home. The focus will be on bringing the outside in, with beach areas and garden areas for the residents to enjoy. All week there will also be a focus on creative activities incorporating arts and crafts, and music as a tool for reminiscence therapy. We are looking to hold a Virtual Dementia support session Thursday 20 th at 2pm-3pm with a focus on nutrition and hydration care for those caring for their loved ones with dementia in the community. To book a place on this please contact chloe.topham@sanctuary-care.co.uk In addition, we are hoping to engage with the local primary school for the students to submit stories and poetry to be shared with the residents.	Rebekah Christon Business Development Manager – West Midlands & Worcestershire Sanctuary Care is part of Sanctuary Group 'enriching lives' Sanctuary Care 07483 431 551/ 01905 334 749 www.sanctuary-care.co.uk

<p>All week.</p>		<p>ACCI will be providing reminiscence CDs to carers; the aim is to stimulate discussion and for use with dementia sufferers.</p>	<p>Eileen Bennett 01902 571230 www.acci.org.uk</p>
<p>Friday 21st May between 10-3</p>		<p>The Trust are focusing on raising staff awareness as ever. Staff awareness raising quiz over the week, posting useful links via Trust Social Media and facilitating an information stand at New Cross (Greggs) on Friday 10-3. We are also launching a poster providing staff with guidance on managing patients in distress.</p>	<p>Julie Willoughby Consultant Nurse - Dementia Services Royal Wolverhampton NHS Trust Wolverhampton WV10 0QP Mobile: 07770800959 Email: j.willoughby@nhs.net</p>
<p>All week</p>	<p>Dr Karan Jutlla</p>	<p>Sharing topics throughout the week on dedicated dementia social media pages including, posting Alzheimer's society new initiatives/campaign information. Dr Jutla will be covering a range of topics from top tips for carers, facts about dementia in the Asian community, why personal history is important.</p> <p>Appearance on Gulshan radio on Monday 17th May.</p>	<p>Please visit Facebook and Instagram @drkaranjutlla.</p>