

Have you been in close contact with someone who has the virus?

Ar jus turejote glaudu rysi su kuom nors kas turi virusa?

If you are called by the NHS to say your test is positive and you have the virus:

Jeigu jus sulaukete atsakymo is poliklinikos kad jusu testas yra pozityvus ir jus uzsikrete virusu:

You will be asked to share details of people you might have passed the virus to.

Jus busite paprasytas pasidalinti zmoniu detales su kuriais turejote kontakta.

It is important to give these details so that those people can be contacted, and asked to stay at home.

Labia svarbu kad jus duotumete detales zmoniu kad su jais butu susisiekti ir paprasyta likti namuose.

This will stop them spreading the virus to others in your community and means that together we will keep our city safe.

Tai sustabdys plisti virusui ir kartu mes laikysime miesta apsaugota.

If you are called by the NHS to say that you have been a close contact of someone else with the virus:

Jeigu sulauksite is skambucio is poliklinikos kad turejote kontakta su uzsikretusiu:

This means that you might have the virus even if you don't have symptoms. You must do what they ask you, and stay at home.

Tai gali reiksti kad jus turite virusa net jeigu nejauciate simptomu. Jus turite elgtis kaip prasoma ir likti namuose.

Ask family, friends or neighbours for help with food, shopping or getting medication while you are staying at home

Paprasykite pagalbos is seimos, draugu ar kaimynu kad pristatytu jusm maisto, pirkiniu arba medikamentu i namus.

Visit our website for other ways to get help [www.wolverhampton.gov.uk/stay-safe-be-kind](http://www.wolverhampton.gov.uk/stay-safe-be-kind)

Apilankykite musu tinklalapyje kur rasite daugiau informacijos apie galima pagalba

If you still do not have anyone that can support you call our emergency helpline 01902 290240.

Jeigu neturite nieko kas jums padetu jus galite skambinti i karstaja linija

[www.wolverhampton](http://www.wolverhampton)