

Family Group Conferences

How can a Family Group Conference help?

Everyone has problems from time to time. When things are difficult people who are important to you may be able to help.

A Family Group Conference (FGC) gives you and the people that are important to you a chance to get together and come up with a plan to make things better.



How does a Family Group Conference work?

Somebody who is already working with your family will need to be at the FGC to help. This may be someone like a social worker.

Someone from the FGC team will meet with you to talk about how things are for you. They will talk to you about:

- How you would like to take part in the FGC
- Who you would like at the FGC
- When/where is a good time to have the FGC
- Food you would want to have

What happens at a Family Group Conference?

There are three stages:

1. Information Sharing

This is where the group can talk about what is going well and what could be better. This is your chance to ask any questions of people who can help you.

2. Private Family Time

This is where the people in your **Family and Friends Network** can talk with each other to come up with a plan to make things better.

3. Agreeing the Plan

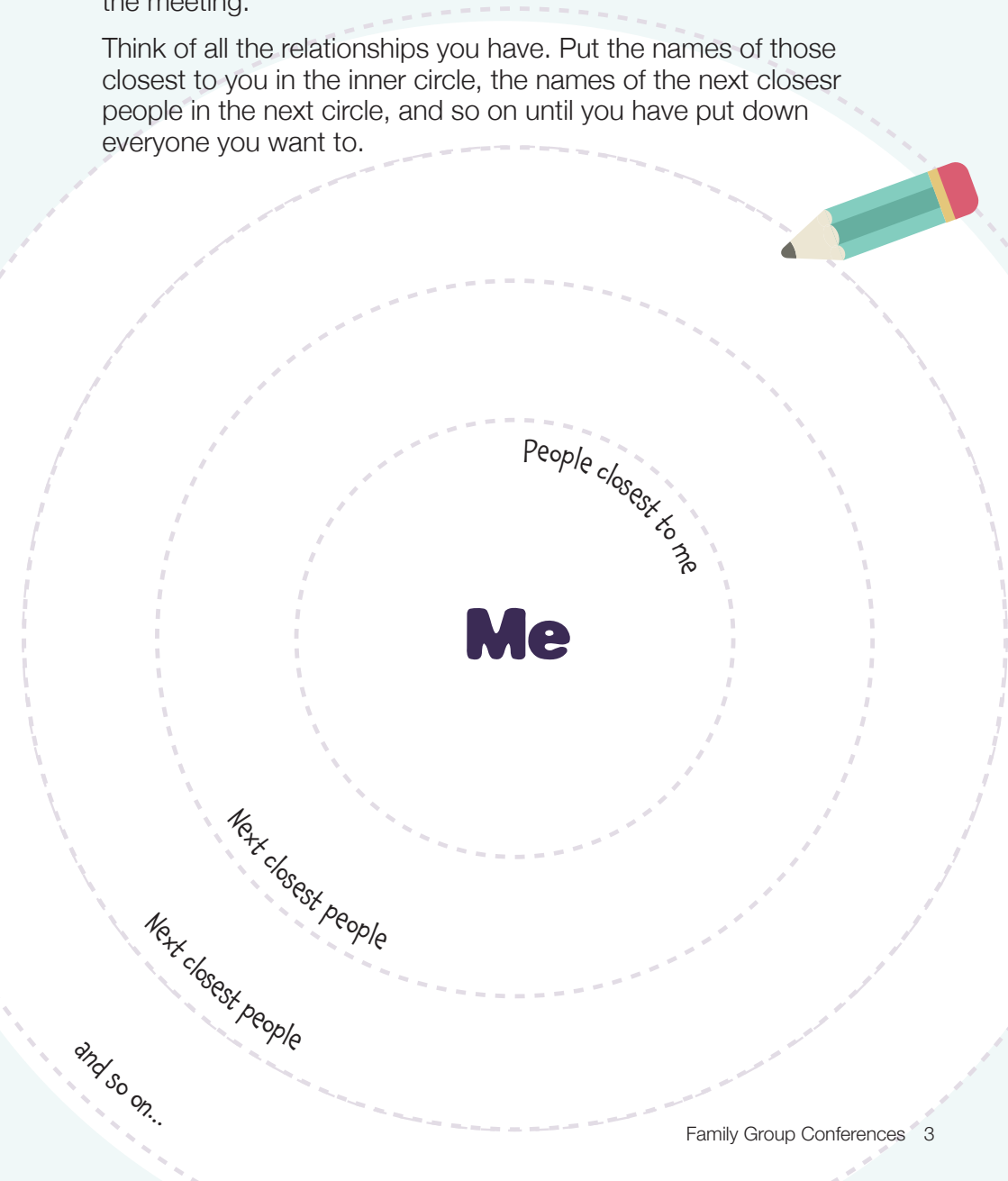
This is where your **Family and Friends Network** share the plan with the people working with your family, who will make sure it will make things better.



Everyone's family is different

You and those close to you get to choose who is part of your **Family and Friends Network**, and who you might want to be at the meeting.

Think of all the relationships you have. Put the names of those closest to you in the inner circle, the names of the next closest people in the next circle, and so on until you have put down everyone you want to.



Do you have any questions?

If there is anything you don't understand please just ask me.
You can write your questions here so you don't forget them.



**You can get in touch with the
Family Group Conferences Team
on 01902 554890**

You can get this information in large print, braille,
audio or in another language by calling 01902 551155

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