

# WOLVERHAMPTON SUICIDE PREVENTION STAKEHOLDER FORUM

## ACTION PLAN 2019-2020

### AIMS

- Provide a multi-agency approach to suicide prevention across Wolverhampton
- Raise awareness of suicide, compelling organisations and the community to take positive action
- Upskill workforces through information and knowledge enabling them to better understand and respond to poor mental wellbeing and suicide ideation
- Influence services and policies so that suicide prevention is robustly considered and embedded in routine business
- Provide a coordinated suicide support offer which can be accessed by services and communities
- Support NHS partners in reaching suicide reduction objectives set out in the Five Year Forward View report

### OUTCOMES

Measure	Source
Reduction in the number of suicides across all age groups	<ul style="list-style-type: none"> <li>• Office for National Statistics</li> <li>• Black Country Coroner</li> </ul>
Reduction in emergency hospital admissions for intentional self-harm	<ul style="list-style-type: none"> <li>• Hospital Episode Statistics</li> </ul>
Reduction in the number of self-harm instances in young people	<ul style="list-style-type: none"> <li>• Hospital Youth Link</li> <li>• CAHMS (A&amp;E)</li> </ul>
Positive changes in mental health prevalence	<ul style="list-style-type: none"> <li>• Public Health England Mental Health Profile</li> </ul>

<b>OBJECTIVE</b>	<b>AREA</b>	<b>WHAT WE WILL DO</b>
<b>Reduce the risk of suicide in key high-risk groups</b>	Young and middle-aged men	Link into the Head for Health project, identifying opportunities to embed suicide prevention within the project's delivery plan
		Deliver a suicide prevention awareness raising campaign aimed at men
		Engage with construction industry to support suicide prevention awareness amongst their workforce
	People in contact with the criminal justice system	Engage with the Youth Offending Team and, support staff upskilling in suicide prevention
		Engage Probation Service to understand and, improve pathways out of prison into community
	People with a history of self-harm	Collate information on self-harm amongst young people and share this with services to raise awareness of suicide risk to young people
	People in the care of mental health services, including inpatients	Support BCPFT in delivery of their suicide prevention strategy and nationally set standards (zero suicide for inpatients, 10% reduction across NHS)
	<b>OBJECTIVE</b>	<b>AREA</b>
<b>Tailor approaches to improve mental health in specific groups</b>	Migrant communities	Support the Migrant Mental Health Task Group through influencing and working in partnership with key health services
	LGBT	Engage the LGBT Alliance to explore opportunities to embed suicide prevention in current services aimed at LGBT communities
	Rough Sleepers	Seek opportunities for collaboration between the Suicide Prevention Stakeholder Forum and the Rough Sleepers Group

	Children and Young People	Identify, obtain and analyse self-harm data to inform and improve service responses
		Share lessons learnt from Serious Case Reviews for children who took their life by suicide in Wolverhampton. Be assured that recommendations from these reviews have been implemented in practice
		Produce policy and guidance around self-harm/suicide prevention for schools
		Identify and address training needs across the workforce including, GP's, School Nurses and School Designated Mental Health Staff
	People who misuse drugs or alcohol	Engage commissioned drugs and alcohol treatment provider to identify trends and risk of suicide in the individuals they support. Agree plan of action to address any identified issues
	People who are especially vulnerable due to social and economic circumstances;	Engage with The Department for Work and Pensions to identify trends and risk of suicide in the individuals they support. Agree plan of action to address any identified issues
Engage with the City of Wolverhampton Council's Revenue and Benefits service to identify trends and risk of suicide in the individuals they support. Agree plan of action to address any identified issues		
<b>OBJECTIVE</b>	<b>AREA</b>	<b>WHAT WE WILL DO</b>
<b>Reduce access to the means of suicide</b>	Railways	Receive regular updates from Network Rail on data (suicides on the railway system), training of staff and progress of other suicide prevention efforts
	Transport	Receive regular updates from British Transport Police on data (suicides on transport networks relevant to Wolverhampton) and progress of other suicide prevention efforts

	Planning and Highways	Invite City of Wolverhampton Council's Planning and Highways Department to identify opportunities to design out risk of suicide and how locations of concern can be reported and addressed
<b>OBJECTIVE</b>	<b>AREA</b>	<b>WHAT WE WILL DO</b>
<b>Provide better information and support to those bereaved or affected by suicide</b>	Provide support that is effective and timely	Engage Compton Care to support Bereavement Hubs
		Ensure services provide the Help is at Hand leaflet to people who have been bereaved by suicide
	Provide information and support for families, friends and colleagues who are concerned about someone who may be at risk of suicide	Create, and widely publicise a web portal bringing together information on suicide prevention and support services available across the City.
<b>OBJECTIVE</b>	<b>AREA</b>	<b>WHAT WE WILL DO</b>
<b>Support the media in delivering sensitive approaches to suicide and suicidal behaviour</b>	Promoting the responsible reporting and portrayal of suicide and suicidal behaviour in the media	Re-distribute Samaritans Media Guidelines to media outlets
		Engage Samaritans National Media team to understand work taking place at a national level with media outlets

<b>OBJECTIVE</b>	<b>AREA</b>	<b>WHAT WE WILL DO</b>
<b>Working in partnership</b>	Regional approach to suicide prevention	Engage with the Black Country Sustainability Transformation Plan
		Promote cross Black Country working through regular dialogue with other suicide prevention forums
<b>OBJECTIVE</b>	<b>AREA</b>	<b>WHAT WE WILL DO</b>
<b>Raising awareness</b>	Campaigns and events	Deliver promotional activity to coincide with Suicide Prevention Week
	Training	Deliver suicide prevention training to GP's
		Promote the Zero Suicide Alliance e-learning across workforces
<b>OBJECTIVE</b>	<b>AREA</b>	<b>WHAT WE WILL DO</b>
<b>Support research, data collection and monitoring</b>	Expand and improve the systematic collection of and access to data on suicides	Engage the Black Country Coroner to request routine data audits