**Child’s Assessment**

**Name:**

This assessment is about how I feel that I have developed in confidence, concentration and co-ordination through attending the Cool Kids programme.

**Moderating Arousal Levels**

Can I calm myself ready to concentrate on an activity

either in school or at home? Yes Sometimes No

Can I walk around the classroom quietly and calmly? Yes Sometimes No

**Concentration**

Can I sustain concentration during lessons

( listening and completing work correctly)? Yes Sometimes No

Can I sustain concentration when reading at school,

at home and when completing homework? Yes Sometimes No

**Co-ordination**

Can I dress, undress myself, tie my shoelaces, tie a tie? Yes Sometimes No

Can I throw and catch a ball? Yes Sometimes No

Can I control a ball with my feet? Yes Sometimes No

**Fine Motor Control**

Can I hold my pen/pencil correctly/

Can I form my letters correctly and is my handwriting

neater? Yes Sometimes No

Can I draw or sketch with a pencil lighter? Yes Sometimes No

**Confidence**

Has my confidence increased? e.g. in my own abilities, Yes Sometimes No

during speaking, listening activities in school, during PE,

games using equipment, volunteering for jobs in school and at home?

**Your comments**

**Thank you for taking part in the Cool Kids programme and I hope you enjoyed it!**