

**WOLVERHAMPTON  
ADHD FAMILY  
SUPPORT GROUP**



**Email: [adhdsupportgroup@blueyonder.co.uk](mailto:adhdsupportgroup@blueyonder.co.uk)**

We are an established support group aiming to develop local support for families affected by the condition Attention Deficit Hyperactivity Disorder (A.D.H.D.). Our support group has been operating since April 2001 in the City of Wolverhampton.

We are a voluntary support group, run by parents for parents and carers. We aim to provide parents and carers with a much-needed 'listening ear' at the meetings we have been organising. In addition, we try to help parents and carers access information about A.D.H.D. in relation to what it means for their families.

We promote the support group across the city of Wolverhampton through the **Wolverhampton Parent Partnership Service** Newsletters and by sending flyers to all areas throughout Wolverhampton.

Through the promotion of the support group, we want to raise awareness of A.D.H.D. Children diagnosed with this disorder have to learn to live with their behavioural problems, sometimes severe, and their learning difficulties too. The main areas for concern are impulsivity, hyperactivity and inattention, causing these children to lack the appropriate level of understanding to make correct judgements regarding all aspects of daily life, personal skills and especially social interaction. This in turn leads to problems and difficulties during routine daily activities and creates disruption throughout school life.

As parents of A.D.H.D. children, we know that these children can feel like 'outsiders' in life and that parents and carers of children with A.D.H.D. are isolated from what is known as 'normal' family life. Our support group wants to make a difference to the lives of these families.

We try to help parents and carers access sources of information or advice. (*We are not an advice service.*) This may include health, education, social care, out of school clubs and holiday play schemes. We also try to invite guest speakers to the support group meetings from the various services working with children with A.D.H.D. and their families.

We want to be able to reach as many of the families as possible in the City of Wolverhampton. We are a local support group for all local families affected by A.D.H.D.

**From September 2009, meetings will be facilitated by JILL SUMMERS and MICHELLE REID.** Many parents and carers will have already met Jill, who is the ADHD Nurse Specialist Practitioner for the local Child and Family Service and is able to give support, information and advice in relation to any health/diagnosis/medication concerns you may have about your child.

Michelle is the newly appointed BESD/Exclusions Caseworker for the local Parent Partnership Service and is able to give support/information and advice about any concerns you may have with your child's education and/or Special Educational Needs. She is keen to meet parents/carers and learn more about ADHD and the challenges faced every day.

Telephone calls and emails will still be responded to by myself, **TRACEY OLIVER, Group Co-Ordinator** and I will still send out flyers about planned meetings and any other relevant information related to ADHD that parents/carers may find useful. Please ask to be added to our mailing list!

**For further information or to ask when and where  
the next support group meeting is, please telephone:**

**"TEXT or TALK"**

**--- 07932 424 362 --- or --- 07949 809 458 ---**

**or EMAIL US!!!**