



**Email: [adhdsupportgroup@blueyonder.co.uk](mailto:adhdsupportgroup@blueyonder.co.uk)**

We are an established support group aiming to develop local support for families affected by the condition Attention Deficit Hyperactivity Disorder (A.D.H.D.). Our support group has been operating for approximately six years in the City of Wolverhampton.

We are a voluntary support group, run by parents for parents and carers. We aim to provide parents and carers with a much-needed 'listening ear' at the meetings we have been organising. In addition, we try to help parents and carer's access information about A.D.H.D. in relation to what it means for their families.

We promote the support group across the city of Wolverhampton through the **Wolverhampton Parent Partnership Service Newsletters (contact: 01902 556945)** and by sending flyers to all areas throughout Wolverhampton.

Through the promotion of the support group, we want to raise awareness of A.D.H.D. Children diagnosed with this disorder have to learn to live with their behavioural problems, sometimes severe, and their learning difficulties too. The main areas for concern are impulsivity, hyperactivity and inattention, causing these children to lack the appropriate level of understanding to make correct judgements regarding all aspects of daily life, personal skills and especially social interaction. This in turn leads to problems and difficulties during routine daily activities and creates disruption throughout school life. As parents of A.D.H.D. children, we know that these children can feel like 'outsiders' in life and that parents and carers of children with A.D.H.D. are isolated from what is known as 'normal' family life. Our support group wants to make a difference to the lives of these families.

We try to help parents and carers access sources of information or advice. This may include health, education, social care, out of school clubs and holiday play schemes. We also try to invite guest speakers to the support group meetings from the various services working with children with A.D.H.D. and their families.

We have links with the **Wolverhampton Parents SEN & Disability Forum (07986 528 879)** who campaign locally to improve service provision for all children and young people with special needs/disabilities - email [wolverhamptonpf@hotmail.com](mailto:wolverhamptonpf@hotmail.com)

We want to be able to reach as many of the families as possible in the City of Wolverhampton. We are a local support group for all local families affected by A.D.H.D.

**For further information or to ask when and where the next support group meeting is, please contact:**

**"TEXT or TALK"**

**Tracey – 07932 424 362 (Group Coordinator)**

**Mandy – 07949 809 458**

**or EMAIL US!!!**