

Food Banks and Soup Kitchens in Wolverhampton

Food Banks:

MAP LOCATION 1:

The Well
Unit 16, Wulfrun Trading Estate
Stafford Road
Wolverhampton
WV10 6HH [view location here](#)

Telephone: 01902 256523
Email: info@thewellwolverhampton.co.uk
Website: www.thewellwolverhampton.co.uk

Referrals by phone through a recognised organisation (eg Social Services, Housing, Citizens Advice, Refugee & Migrant Centre and many others who provide advice & support across the city)
Tuesday to Friday between 9.30 am and 12.30 pm.

MAP LOCATION 2:

Good Shepherd Ministry
Methodist Centre
24 School Street
Wolverhampton
WV1 4LF [view location here](#)

Telephone: 01902 399955/01902 422218

Family Food Parcels provided on **Monday, Wednesday and Friday**, 12.00 pm - 1.00 pm. Family dining service **Monday, Wednesday, Thursday and Saturday**, 12.30 pm – 1.30 pm. Individual food parcels available **Tuesday and Friday**, 11.30 pm – 1.00 pm. Food provisioning/dining services available **Monday, Wednesday, Thursday and Saturday**, 1.30 pm – 2.30 pm. Take-away dining service on **Sunday, Tuesday and Friday**, 12.00 pm – 1.00 pm. Clothing Service between 1.00 pm and 3.00 pm on Tuesday, Wednesday and Saturday. ID is required for all services. Without documentation a referral in writing is required from CAB, Job Centre, Social Services or GP office (documentation is required for each family member for whom food is requested). Sleeping bags/blankets available on request during service provision. Mail service also available.

MAP LOCATION 3:

New Testament Church of God, Harvest Temple
173 Wednesfield Road
Heath Town
Wolverhampton
WV10 0EN [view location here](#)

Telephone: 01902 453190
Email: info@ntcgharvesttemple.org.uk
Website: www.ntcgharvesttemple.org.uk

Open **Fridays** between 3.30 pm and 5.30 pm. Must be referral by e.g. Job Centre or Citizens Advice or getting a Social Security benefit and have proof of this. Also operates a **soup kitchen** every other Tuesday from 12.00 noon.

MAP LOCATION 4:

Adventist Food Bank
215 Great Brickkiln Street
Wolverhampton
WV3 0PN [view location here](#)

Telephone: 07826 240716
Email: adventistfoodbank@gmail.com
Website: seventhdayadventistfoodbank@btck.co.uk

Referrals from agencies only (phone call preferred but emails accepted). Phone between 9.30 am to 4.00 pm, Monday and Tuesday only. Deliveries are made on the same day as referral between 1.00 pm and 8.00 pm. There is a limit of 3 parcels in a 6-month period for a single person, couple or family.

Soup Kitchens:

MAP LOCATION 5:

The Bridge Soup Kitchen
c/o Bilston People's Centre
Excel Church
Wolverhampton Street
Bilston
WV14 0LT [view location here](#)

Telephone: 01902 402273
Email: trisha@bilstonpeoplescentre.org.uk
Website: www.bilstonpeoplescentre.org.uk

Every **Tuesday** 12 pm – 2 pm. No referrals are needed. Advice, information and guidance on social welfare issues will also be available.

MAP LOCATION 6:

Tabernacle Baptist Church
Dunstall Road
Whitmore Reans
Wolverhampton
WV6 0NJ [view location here](#)

Telephone: 01902 428962
Email tabbaptist@btinternet.com
Website: www.tabbaptistchurch.org.uk

Tab's Kitchen is open **Thursdays** between 4.00 pm and 5.00 pm.

MAP LOCATION 7:

St George's HUB Day Centre
St Marks Road
Chapel Ash
Wolverhampton
WV3 0QH [view location here](#)

Telephone: 01902 421904
Email info@st-georges-house.org.uk
Website: www.st-georges-house.org.uk

Open **Monday to Friday** between 8.15 am and 9.45 am, providing breakfast for 18+ men. Must be aged 18 or over, on a low income or vulnerable or homeless or at risk of homelessness or socially excluded.

MAP LOCATION 8:

Oasis Soup Kitchen
Christian Life Centre
Sedgley Street
Blakenhall
Wolverhampton
WV2 3AJ [view location here](#)

Telephone: 01902 428345
Email clcwolverhampton@gmail.com
Website: www.clifec.co.uk

Open **Mondays** between 5.00 pm and 6.30 pm.

MAP LOCATION 9:

Wolverhampton Manna Soup Kitchen
International Life Centre
Gough Street
Horseley Fields
Wolverhampton
WV1 3DD [view location here](#)

Telephone: 01902 827873

Email anthony@gracechurchwolverhampton.org

Website: www.gracechurchwolverhampton.org/index.php/social-action/soup-kitchen

Soup kitchens are held on **2nd Tuesday of each month and the last Tuesday of each month** starting at 5.45 pm. No referral or proof of identify is necessary - just turn up. The first soup kitchen of 2018 will be on Tuesday, 30th January 2018.

The following food service is also available:

Meals are provided on Thursdays, 7.00 pm – 8.00 pm at Wolverhampton Market Place.

The logo for the City of Wolverhampton Council, featuring the text "CITY OF WOLVERHAMPTON COUNCIL" in white, uppercase letters on a dark purple rectangular background.

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